



CHILDREN'S Dental Specialists

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PRE-OPERATIVE INSTRUCTIONS FOR ORAL SEDATION

To make your child's dental experience a pleasant one, your child may need to be given a mild sedative of hydroxyzine (Atarax), and Midazolam (Versed). This medication will relax your child and enable him/her to cooperate for the best possible results. Restraints and/or mouth props may also need to be used for the safety of your child during sedation. Some of these restraints include: papoose boards, pedi wraps, and mouth props. The mouth prop helps keep your child's mouth open during treatment.

It is extremely important that your child has an empty stomach during the treatment so the medication will work best with the fewest number of side effects that can accompany an anxious patient. For this reason our office reserves our morning appointments for our patients who will have sedative procedures.

- ❖ Parents are not encouraged to remain in the treatment room

To help you understand the medication procedure, here are some important points to remember:

1. Please notify our office if your child develops a fever, a productive cough, and/or heavy nasal drainage within 24 hours of the sedation appointment.
2. Your child will not receive a general anesthetic. The medication is a sedative. However, oral sedation does not work for everyone and does have limited effects.
3. Upon arrival, the doctor will measure, and administer the medication to your child. At first, your child may not show signs of sedation. This is not unusual. Within about 15-30 minutes, however, your child will relax to a restful condition that will enable treatment to follow.

INSTRUCTIONS

1. NO EATING OR DRINKING ANYTHING AFTER MIDNIGHT EXCEPT PRESCRIBED MEDICATIONS.
2. Please be prompt for your appointment because it takes approx. 30 minutes for the medication to take effect.
3. We reserve our morning appointments exclusively for patients requiring sedation, and it is important to be conscious and compliant with the appointment time.

WE KINDLY REQUEST THAT ALL SIBLINGS REMAIN IN THE CARE OF ANOTHER ADULT, AS YOUR CHILD WILL NEED YOUR FULL ATTENTION DURING THE SEDATION AND TREATMENT PROCESS.